

**MONDAY 3 JUNE**



**EDUCATORS SUPPORTING**

**CHILDREN'S MENTAL HEALTH**

## Gowrie NSW Dubbo Invites You

Explore ideas and share stories in this workshop — Supporting Children's Empowerment for Learning & Wellbeing.

This group-based learning session will provide early childhood educators of the local Dubbo region with the chance to collaborate and discuss mental health issues within their centres. With the help of a Be You Consultant, we aim to help our youngest community members to achieve their best possible mental health.

**WHEN:**

Monday 3 June  
6PM—7.30PM

**WHERE:**

Gowrie NSW Dubbo Early Education & Care  
16-18 Spears Drive, Dubbo NSW 2830

**RSVP:**

Thursday 30 May

Email [dubbo@gowriensw.com.au](mailto:dubbo@gowriensw.com.au)

Light refreshments will be served. No childminding available.



**About Be You:** Be You aims to transform Australia's approach to supporting children's and young people's mental health in early learning services and schools. Our vision is that every learning community is positive, inclusive and resilient – a place where every child, young person, educator and family can achieve their best possible mental health. Be You promotes mental health and wellbeing, from the early years to 18, and offers educators and learning communities' evidence-based online professional learning, complemented by a range of tools and resources to turn learning into action.



**Early Childhood Australia**  
A voice for young children